



HANDS - ON HELP FOR PATIENTS WITH

# women's health challenges



BACK & NECK PROBLEMS

ORTHOPEDIC SURGERY

SPORTS INJURIES

PHYSICAL THERAPY

SHOULDER INJURIES

CHIROPRACTIC CARE

WRIST, HAND & ELBOW INJURIES

COMPREHENSIVE REHAB

KNEE INJURIES

PERFORMANCE ENHANCEMENT

HIP & ANKLE PROBLEMS

THERAPEUTIC MASSAGE

LIGAMENT & TENDON INJURIES

ACUPUNCTURE

Women's health revolves around many issues that are neither simply medical nor medically simple. REHABILITY offers comprehensive multi-specialty care and rehabilitation that emphasizes the identification, correction and prevention of acute or prolonged musculoskeletal problems. We use a unique team approach to deliver evaluation, application of a variety of treatment procedures and modalities, prevention and education to address women's health issues such as:

- Physical therapy and rehabilitation
- Pelvic floor muscle weakness
- Urinary incontinence
- Pelvic pain
- Vulvar pain syndrome
- PMS and menopausal problems
- Pregnancy-related back pain
- Headaches
- Postural imbalance
- Osteoporosis
- Patellofemoral syndrome
- Carpal tunnel syndrome
- Sacral/pubis/ilial dysfunctions
- Spinal disorders
- Arthritis

Our physical therapist, orthopedic surgeon and doctor of chiropractic take into consideration your patient's lifestyle, attitudes and support systems.

We also consider nutrition, emotional and attitudinal factors and the roles they play in premenstrual tension, menopause, obesity and dysmenorrhea.

The healthcare experts at REHABILITY want to help identify and correct your patient's musculoskeletal health issues. We employ a variety of hands-on manual therapies, including:

- Manual orthopedics
- Joint mobilization
- Soft-tissue manipulation
- Myofascial release
- Neural mobilization
- Muscle energy
- Stress reduction
- Massage therapy
- Personal exercise programs

We have vast expertise and experience in pain relief and rehabilitation for all kinds of female musculoskeletal problems. We always put your patients first. In fact, no other rehab facility offers patients as many value-added services and amenities as REHABILITY.

The medical, physical therapy and chiropractic professionals at REHABILITY have helped many women with musculoskeletal health issues. There's an excellent chance we can help your patients, too. We welcome and encourage your referrals

## REHABILITY

Multi-Specialty Spine & Sports Medicine

600 WEST CHICAGO AVENUE, RW #4 • CHICAGO, IL 60610

CALL: 312-661-1499 • FAX: 312-661-0638

VISIT US AT: WWW.REHABILITY.COM

 A Member of the WellnessOne™ Alliance