

Welcome to

R E H A B I L I T Y

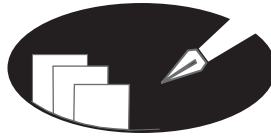
Phase I

insight

Phase I is an information-gathering consultation and examination to determine the treatment plan for your unique case.

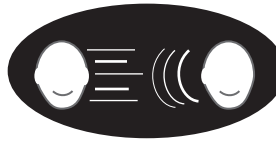
We encourage you to take this time to have your questions answered and to begin to build a relationship with your doctor and our staff. Please bring any MRIs or X-Rays from previous doctors.

Please let us know how we can make your visit today more comfortable and pleasant.



Paperwork

Please complete these brief questionnaires to help us get to know you. Our doctors will use this information to uncover and gather information about your condition.



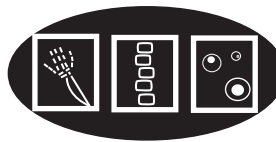
Consultation

Today you'll meet with our Clinic Director to discuss your objectives and current health situation. We will ask about your goals and health history to build a comprehensive profile of your individual needs.



Examination

Standard physical, orthopedic, neurological, and chiropractic tests will be performed by our Clinic Director and Director of Physical Therapy to determine the cause(s) of your discomfort.



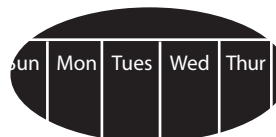
Diagnostic Imaging

Necessary views may be taken to visualize the location of any spinal and/or extremity problems, reveal any pathologies, and to focus your care more precisely. If necessary, we will schedule an MRI, CT scan, etc. for you.



Adjunctive Procedures

Depending on your situation, our doctors may suggest the application of ice, heat, or the use of some other procedure to help reduce inflammation and make you more comfortable before active treatment begins.



Next Visit

Your visit is complete. Plan to spend about 50 minutes on your next visit to receive your doctors' report of findings, discuss treatment options and to begin your care.